



# Top-down modulation of sensory cortex gates perceptual learning

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**Practice sharpens our perceptual judgments, a process known as perceptual learning. Although several brain regions and neural mechanisms have been proposed to support perceptual learning, formal tests of causality are lacking. Furthermore, the temporal relationship between neural and behavioral plasticity remains uncertain. To address these issues, we recorded the activity of auditory cortical neurons as gerbils trained on a sound detection task. Training led to improvements in cortical and behavioral sensitivity that were closely matched in terms of magnitude and time course. Surprisingly, the degree of neural improvement was behaviorally gated. During task performance, cortical improvements were large and predicted behavioral outcomes. In contrast, during nontask listening sessions, cortical improvements were weak and uncorrelated with perceptual performance. Targeted reduction of auditory cortical activity during training diminished perceptual learning while leaving psychometric performance largely unaffected. Collectively, our findings suggest that training facilitates perceptual learning by strengthening both bottom-up sensory encoding and top-down modulation of auditory cortex.**

learning | plasticity | top-down | cortex | auditory

A broad range of sensory skills improve with practice during perceptual learning (PL), including language acquisition (1–3), musical abilities (4), and recognition of emotions (5). The neural bases for such perceptual improvement may vary widely. For example, training-based changes in neural activity have been identified in a number of brain regions, including early (6–13) and late (14, 15) sensory cortices, multisensory regions (16, 17), and downstream decision-making areas (18). Similarly, several neural mechanisms have been proposed, such as enhanced signal representation (19), reduction of external (20, 21) or internal (22, 23) noise, and improvement in sensory readout or decision making (13, 18, 24, 25).

The apparent divergence of loci and mechanisms associated with PL could be due, in part, to limitations of experimental design. For example, some neural changes associated with PL are transient (26–29), making it necessary to monitor neural activity throughout the duration of perceptual training, rather than making comparisons only after PL is complete (6–12, 14–16, 30). For similar reasons, it is critical to block the function of a specific candidate brain region during training to determine whether it plays a causal role in PL. Although some reports show that manipulating brain activity can influence PL (28, 31–34), there are no loss-of-function experiments to determine whether a particular region is required for behavioral improvement.

To address these unresolved issues, we recorded from auditory cortex (ACx) as animals improved on an auditory detection task and, in separate experiments, blocked ACx activity during the period of perceptual training. We found that neural and behavioral sensitivity improved in a nearly identical manner over the course of training, in terms of both absolute magnitude and kinetics. Furthermore, reversible down-regulation of ACx activity reduced learning without grossly impairing perception, suggesting that a critical amount of ACx activity is required for PL. Finally, the magnitude of ACx plasticity depended strongly on

task performance. We propose an inclusive conceptual framework that acknowledges a role for plasticity within both the ascending sensory neuraxis and descending modulatory pathways.

## Results

We trained Mongolian gerbils on an amplitude modulation (AM) detection task (Fig. 1A), a perceptual skill that displays significant improvement in humans (35). Animals were trained to drink from a water spout while in the presence of the “safe” stimulus (unmodulated noise), and to withdraw from the spout when the sound changed to the “warn” stimulus (0 dB relative to 100% depth, 5-Hz AM noise), to avoid an aversive shock. All animals learned this procedure quickly, reaching our performance criterion ( $d' > 1.5$ ) within four training sessions ( $2.1 \pm 0.18$  sessions,  $n = 16$  animals across all experiments; see *SI Appendix, Materials and Methods*). To determine whether this auditory percept required ACx activity, we infused a high dose of muscimol (1 mg/mL; 1  $\mu$ L per hemisphere; total dose of 2  $\mu$ g) bilaterally in four animals (*SI Appendix, Fig. S1A*). At this concentration, muscimol significantly impaired AM detection ( $P = 0.0006$ ; *SI Appendix, Fig. S1B*) by reducing hit rates ( $P < 0.0001$ ; *SI Appendix, Fig. S1C*) without increasing false alarm rates ( $P = 0.63$ ; *SI Appendix, Fig. S1D*).

To verify that our task was well-suited to assess perceptual learning, we quantified behavioral performance across daily training sessions. During these sessions, we presented warn stimuli of varying AM depths (*SI Appendix, Figs. S2 and S3*) to obtain psychometric functions and derive AM detection thresholds (AM depth at  $d' = 1$ ; *SI Appendix, Materials and Methods*). AM depth

## Significance

**With training, stimulus detection or discrimination abilities can improve dramatically. This process, called perceptual learning, supports language acquisition, musical expertise, and professional judgments, such as the identification of abnormalities in X-rays. To explore neural mechanisms that support perceptual learning, we measured and manipulated auditory cortex activity as animals trained on an auditory task. We found improvements in neural sensitivity that correlated tightly with perceptual learning, both in absolute magnitude and time course, and depended strongly on task engagement. Disrupting auditory cortical function impaired learning while leaving perception largely intact. Our findings indicate that improvements in cortical sensitivity could plausibly explain perceptual learning, and suggest that plasticity within top-down networks may be a general mechanism for perceptual improvement.**

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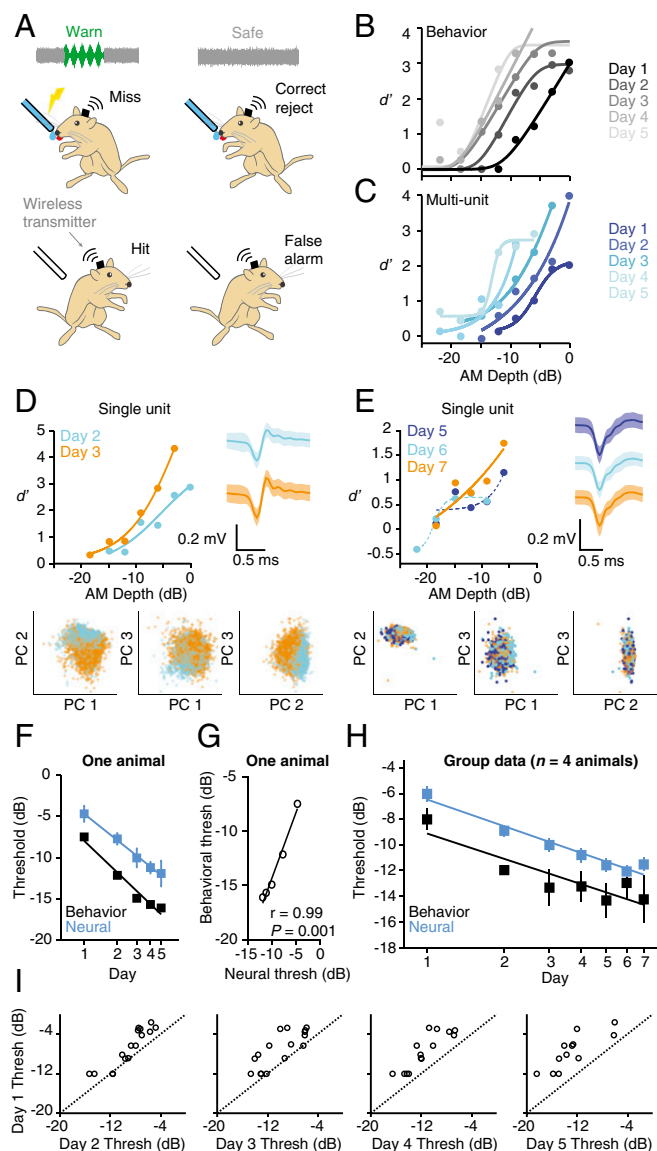
The authors declare no conflict of interest.

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Data deposition: Data and analysis code can be found at <https://nyu.box.com/v/caras-sanos-2017>.

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**Fig. 1.** Cortical and behavioral improvements are similar in magnitude and time course. (A) Wireless recordings were made from ACx of animals as they performed an AM detection task. (B) Psychometric functions from one animal improved across days. Data from this animal are presented in C–G. (C) Neuro-metric functions from one multiunit recorded during task performance improved across days. (D) Neuro-metric performance for a single unit held across multiple sessions improved from day 2 (cyan) to day 3 (orange). Single-unit identity was confirmed by stable waveform shape [compare waveforms from day 2 (cyan) and day 3 (orange); Right]. Waveforms represent mean  $\pm$  2 SDs. Single-unit identity was also confirmed by the fact that waveforms from day 2 and day 3 clustered tightly together within principal component (PC) space (Bottom). (E) Data from another single unit held across multiple training sessions. Plot conventions are as in D. Dashed lines indicate fits that did not yield valid thresholds. (F) Mean  $\pm$  SEM neural and behavioral sensitivity improve simultaneously in one animal ( $n = 30$  sites; 4 to 7 per d). (G) Behavioral and neural thresholds of one animal are tightly correlated. (H) Mean  $\pm$  SEM neural and behavioral thresholds improve simultaneously across all animals and units [neural:  $F_{6,224} = 16$ ,  $P < 0.0001$ ,  $n = 231$  (range: 29 to 39 sites per d; *SI Appendix, Table S1*); behavior:  $F_{4,12} = 11$ ,  $P = 0.0005$ ,  $n = 4$  animals]. (I) Day 1 vs. day 2 to 5 thresholds of units recorded over multiple days. See *SI Appendix, Table S3* for statistics. The dashed lines are unity.

detection improved during training, as shown for one representative animal in Fig. 1B. These improvements were due to increased hit rates (*SI Appendix, Fig. S4A*) rather than decreased

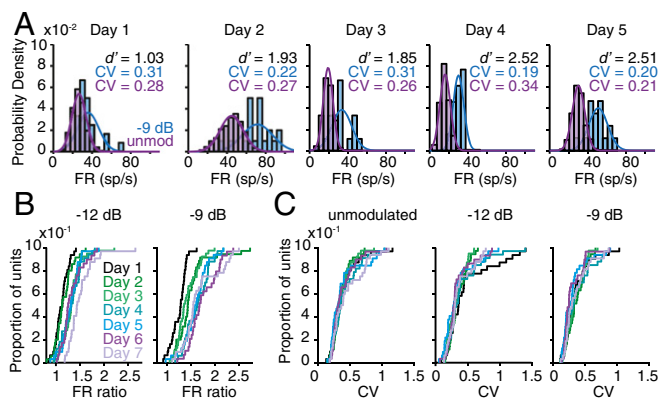
false alarm rates (*SI Appendix, Fig. S4B*). Importantly, the hit rate for the largest AM depth tested (0 dB) was maximal on day 1 and remained steady on day 2, suggesting that the animals began perceptual training when already at perceptual asymptote for this stimulus value (*SI Appendix, Fig. S4A*). Additionally, the hit rates for shallow depths improved more gradually than for higher depths. These observations are consistent with the finding that PL progresses systematically from easy to difficult stimuli (36), and support the idea that our experimental paradigm specifically assessed PL, rather than associative or procedural learning.

To determine whether there is a temporal correlation between neural and behavioral improvement, we implanted animals with chronic electrode arrays and recorded single- and multiunit activity in left ACx as animals trained and improved on the AM detection task ( $n = 231$  AM-responsive sites;  $n = 4$  animals; *SI Appendix, Materials and Methods and Table S1*). We found that training improved neural performance, both at the multi- and single-unit level (Fig. 1C–E). These improvements occurred in concert with behavior, such that the average firing rate (FR)-based neural sensitivity closely tracked psychometric sensitivity on a day-to-day basis (Fig. 1F). As illustrated in Fig. 1G for one representative animal, the majority (3/4) of our subjects showed a significant correlation between neural and behavioral thresholds (*SI Appendix, Table S2*). The distribution of correlation regression slopes did not differ significantly from a distribution centered around 1 ( $0.92 \pm 0.10$ ,  $t_3 = -0.76$ ,  $P = 0.50$ ,  $n = 4$ ), indicating that the ACx population threshold is a good predictor of perceptual sensitivity. At the group level, perceptual training had a significant effect on both neural ( $P < 0.0001$ ) and behavioral thresholds ( $P = 0.0005$ ), with improvement occurring at similar rates [neural,  $-7.0$ ; behavioral,  $-6.6$  dB/log(day); Fig. 1H]. In the one animal that we followed for 14 training days, neural improvement was maintained after perceptual performance reached asymptote (*SI Appendix, Fig. S5*).

In visual cortex, training-induced changes are often most pronounced in specific subpopulations of neurons (7, 14, 15). To determine whether a similarly selective mechanism operates in ACx, we examined thresholds for recording sites that were held across multiple training days. As shown in Fig. 1I, nearly all sites demonstrated significant training-induced improvement, regardless of starting threshold (day 1 vs. day 2 to 5 thresholds: all  $P < 0.001$ ; see *SI Appendix, Table S3* for details). This finding suggests that training may enhance sensitivity across the population of AM-responsive sites, rather than acting selectively on a restricted subset of units. It is important to note, however, that training could differentially affect units with different tuning properties, which were not systematically characterized here because many neurons failed to respond when animals were not engaged in the task.

Improvements in neural sensitivity could be due to an increased separation of warn- and safe-evoked FR distributions (13), and/or a reduction in FR variability across training days (20–23, 37). As illustrated for one representative multiunit in Fig. 2A, warn and safe FR distributions gradually separated during training without a systematic change in the unit's mean FR or trial-to-trial variability (measured by the coefficient of variation; CV). To quantify this effect across our population, we calculated an FR ratio (AM-evoked FR/unmodulated FR) for each unit on each training day. FR ratios steadily increased across days, leading to a larger separation between AM and unmodulated FRs (all  $P < 0.0001$ ; Fig. 2B). In contrast, CVs remained stable throughout training (all  $P > 0.05$ ; Fig. 2C), as did population FRs (all  $P > 0.05$ ; see *SI Appendix, Fig. S6* for a full explanation). These findings suggest that PL is supported by a gradual separation of the warn and safe FR distributions, rather than a reduction in response variability.

Behavioral evidence suggests that top-down processes, such as attention, arousal, and motivation, can facilitate or enable PL (12, 38–43). Here, we adopt the term “top-down” to mean the



**Fig. 2.** PL is supported by an increasing separation of the warn and safe FR distributions. (A) Warn (−9-dB AM) and safe (unmodulated) FR distributions from one representative multiunit show increasing separation during training. sp, spikes. (B) Perceptual training increases FR ratios across the population (−12 dB:  $H = 59.2$ ,  $P < 0.0001$ ; −9 dB:  $H = 65.8$ ,  $P < 0.0001$ ). (C) Perceptual training does not affect CV [unmodulated:  $H = 3.61$ ,  $P = 0.73$ ; −12 dB:  $H = 5.12$ ,  $P = 0.53$ ; −9 dB:  $H = 7.25$ ,  $P = 0.30$ ]. In B and C,  $n = 231$  (range: 29 to 39 sites per d; *SI Appendix, Table S1*).

functional influence of a descending projection from one or more brain regions on neural activity in sensory cortex. A commonly used procedure to assess the magnitude of top-down mechanisms is to compare neural responsiveness during two different states of behavioral engagement (37, 44–49). Specifically, top-down inputs are thought to actively modulate ACx responses during task performance (or “engagement”) but not during nontask (“disengaged”) listening sessions (50, 51). Thus, the difference between engaged and disengaged sensitivity is a proxy for the strength of a top-down mechanism. We used this approach to examine whether training affects the magnitude of a top-down mechanism during PL. Specifically, we recorded ACx activity during disengaged listening sessions that occurred just before (“pre”) and just after (“post”) training sessions. During these disengaged sessions, the spout and metal floorplate were removed from the test cage; otherwise, the sound stimuli presented and the position of the recording electrodes were identical to behaviorally engaged sessions.

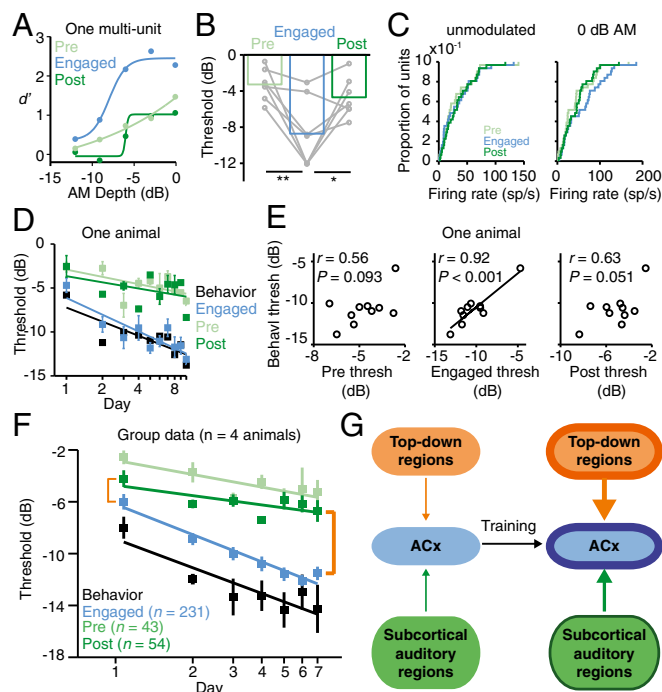
As training progressed, three outcomes were possible (*SI Appendix, Fig. S7*). If training does not affect the strength of a top-down mechanism, then the difference between engaged and disengaged AM sensitivity should remain constant, despite training-based improvement. Alternatively, if training weakens the strength of a top-down mechanism, the difference between engaged and disengaged AM sensitivity should become smaller. This scenario could occur if training allows sensory processing to become more automatic, as previously proposed (26, 52, 53). Finally, if training strengthens a top-down mechanism, such as attention (54, 55), the difference between engaged and disengaged AM sensitivity should become larger during PL.

Throughout training, a smaller proportion of units responded to AM during disengaged sessions compared with engaged sessions (all  $P < 0.001$ ; *SI Appendix, Tables S1 and S4*), and those that did respond during disengaged sessions had poorer thresholds ( $P = 0.0022$ ; Fig. 3A and B). This weak sensitivity was due to reduced AM-evoked discharge rates during disengagement ( $P < 0.001$ ; Fig. 3C and *SI Appendix, Figs. S2 and S3*). These state-dependent changes in AM sensitivity were not explained by recording instability, as FRs evoked by unmodulated noise did not differ significantly across conditions ( $P = 0.095$ ; Fig. 3C).

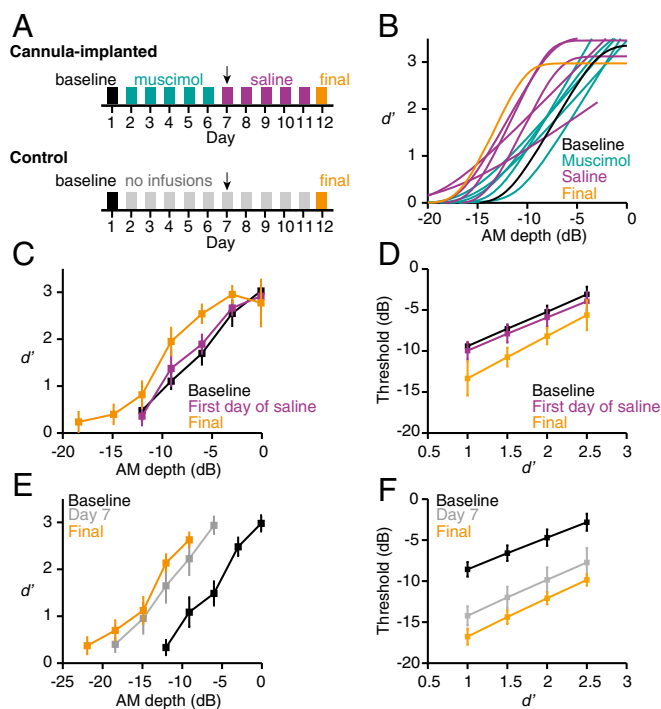
As training progressed, disengaged neural thresholds displayed a modest improvement but did not correlate with behavioral thresholds, as illustrated for a single animal in Fig. 3D and E

(group data in *SI Appendix, Table S2*; all  $P$  values are non-significant). Moreover, at the group level, the rate of disengaged improvement, while significant (all  $P < 0.05$ ), was >50% slower than that observed during task engagement [pre, −3.2; engaged, −7.0; post, −2.4 dB/log(day); Fig. 3F]. As a result, the difference between engaged and disengaged neural thresholds grew larger as training progressed (compare beginning and ending orange brackets in Fig. 3F). Similar findings were observed using a timing-based analysis of AM-evoked activity (*SI Appendix, Fig. S8*). Collectively, these findings suggest that training strengthens both bottom-up inputs to and top-down modulation of ACx, which together give rise to PL (Fig. 3G).

To determine whether ACx activity is required for PL, we assessed baseline behavioral performance in a separate group of animals ( $n = 6$ ) and then paired perceptual training with bilateral ACx infusions of muscimol or saline (Fig. 4A and *SI Appendix, Fig. S9*). To distinguish the role of ACx in perceptual learning from its



**Fig. 3.** Behaviorally gated neural plasticity increases during PL. (A) Day 1 performance of one multiunit. (B) Task engagement improves day 1 neural thresholds ( $F_{2,12} = 11$ ,  $P = 0.0022$ ; pre vs. engaged:  $t_6 = 3.8$ ,  $P = 0.0093$ ; post vs. engaged:  $t_6 = 2.7$ ,  $P = 0.034$ ;  $n = 7$ ). Only units that responded under all conditions were included. (C) Task engagement does not affect day 1 unmodulated FRs [ $\chi^2(2) = 4.71$ ,  $P = 0.095$ ] but increases AM-evoked FRs [ $\chi^2(2) = 15.3$ ,  $P < 0.001$ ; pre vs. engaged:  $Z = -4.12$ ,  $P < 0.001$ ; post vs. engaged:  $Z = -3.67$ ,  $P < 0.001$ ]. All  $n = 31$ . (D) Mean  $\pm$  SEM neural thresholds of one animal improve more quickly during task engagement than during disengaged listening [pre:  $n = 2$  to 4 sites per d (32 total); engaged:  $n = 7$  to 11 sites per d (86 total); post:  $n = 1$  to 4 sites per d (23 total)]. (E) Neural thresholds correlate with behavioral thresholds in one animal (same subject as in D) only during task engagement. (F) Across all animals, mean  $\pm$  SEM neural thresholds from disengaged listening sessions improve with training (pre:  $F_{6,37} = 4.3$ ,  $P = 0.0021$ ,  $n = 2$  to 11 sites per d; post:  $F_{6,54} = 3.0$ ,  $P = 0.014$ ,  $n = 4$  to 14 sites per d; *SI Appendix, Table S1*), but improvement is slower than during task engagement. The strength of top-down ACx modulation is reflected by the difference between engaged and disengaged thresholds (orange brackets). Engaged neural and behavioral data are replotted from Fig. 1H. (G) Model in which training induces plasticity in both bottom-up (thick green outline and arrow) and top-down (thick orange outline and arrow) pathways, leading to improved ACx sensory sensitivity (thick blue outline) that supports PL.



**Fig. 4.** Reduced ACx activity disrupts PL. (A) Experimental timeline for cannula-implanted animals (Top) and unimplanted controls (Bottom). Arrows highlight the middle time point analyzed in C and D (first day of saline) and E and F (day 7). Muscimol dose used in these experiments was 1  $\mu\text{g}$  (0.5 mg/mL; 1  $\mu\text{L}$  per hemisphere). (B) Psychometric fits from one representative cannula-implanted animal during perceptual training. (C and D) Time point has a significant effect on (C) mean  $\pm$  SEM  $d'$  values ( $F_{2,10} = 7.2$ ,  $P = 0.012$ ) and (D) mean  $\pm$  SEM thresholds extracted at different  $d'$  values ( $F_{2,10} = 5.5$ ,  $P = 0.025$ ) from cannula-implanted animals ( $n = 6$ ). (E and F) Time point has a significant effect on (E) mean  $\pm$  SEM  $d'$  values ( $F_{2,10} = 15$ ,  $P = 0.001$ ) and (F) mean  $\pm$  SEM thresholds ( $F_{1,1,5.4} = 18$ ,  $P = 0.006$ ) from control animals ( $n = 6$ ). Note that in C and E, we do not display points for which we had data from only a single animal.

role in perception, it was important to identify a dose of muscimol that did not grossly perturb psychometric performance on the AM detection task. We found that 0.5 mg/mL (1  $\mu\text{L}$  per hemisphere; total dose of 1  $\mu\text{g}$ ) allowed for excellent detection of 0-dB AM (SI Appendix, Fig. S10) and relatively unimpaired psychometric performance in the majority of our animals (SI Appendix, Fig. S11;  $P = 0.073$ ). Furthermore, this dose had no effect on trial completion rates, false alarm rates, or reaction times (all  $P > 0.05$ ; SI Appendix, Fig. S12), implying that motor processes and response biases were not impacted by the treatment. Thus, we used this dose to ask whether ACx activity is required for PL.

As illustrated for one animal in Fig. 4B, behavioral performance remained stable throughout muscimol-paired sessions (also see SI Appendix, Fig. S11) but demonstrated steady improvement during subsequent sessions paired with saline. To quantify this observation at the group level, we compared behavioral performance at three time points: (i) baseline before perceptual training, (ii) the first day of saline infusion, and (iii) the final training session. If muscimol prevents PL, rather than simply impairing AM sensitivity, we would expect behavioral performance to be similar at baseline and the first day of saline infusion. As predicted, values obtained at baseline and on the first day of saline infusion largely overlapped. Final  $d'$  values were higher, however, indicating improved perceptual performance ( $P = 0.012$ ; Fig. 4C). To confirm that this effect was robust, we extracted AM depth thresholds for each animal at four different  $d'$  values. As shown in Fig. 4D, final AM thresholds were lower than

those obtained at baseline or during the first day of saline infusion ( $P = 0.025$ ).

During muscimol infusion experiments, we controlled for the amount of daily practice by limiting animals to 50 warm trials per session (see SI Appendix, Materials and Methods for the rationale). Thus, it was possible that the lack of improvement between baseline and the first day of saline infusion was not due to a muscimol-induced learning impairment but instead to insufficient practice. To rule out this possibility, a separate group of control animals ( $n = 6$ ) received perceptual training for 12 d with 50 warm trials per session, identical to the muscimol group (Fig. 4A). As shown in Fig. 4E,  $d'$  values were higher on day 7 than at baseline, and approached those obtained on the final training day ( $P = 0.001$ ). Similarly, thresholds were lower at day 7 and day 12 compared with baseline ( $P = 0.006$ ; Fig. 4F). Collectively, these results show that reducing ACx activity during perceptual training prevents learning.

## Discussion

PL is closely associated with long-term changes in sensory cortex activity (6–15, 56, 57), and these changes may contribute to learning (28, 31–34). However, no studies have tested whether sensory cortex is necessary for PL. Here, we found that bilateral ACx infusion of a low dose of muscimol could prevent practice-based improvement. We interpret this result to mean that the manipulation permitted enough ACx activity to allow for task performance across a range of AM depths but not enough to enable the plasticity mechanisms required for PL. This interpretation is consistent with a model of PL which posits that, in order for plasticity to occur, sensory-evoked activity must surpass a threshold for learning (58, 59). It is important to note, however, that muscimol disrupted psychometric performance to a greater degree in two of our six subjects (SI Appendix, Fig. S11). Thus, in these two animals, it is possible that a degraded sensory representation also contributed to impaired learning. Our findings are in line with previous manipulations that dissociated auditory processing from a learning mechanism. For example, song learning in juvenile zebra finches is diminished by administration of an NMDA receptor antagonist during a developmental sensory acquisition phase, even though the drug does not alter auditory brainstem responses (60) or song discrimination (61).

The results of our muscimol inactivation experiments indicate that proper ACx activity is required for PL. Consistent with this finding, we observed a tight correlation between ACx and behavioral plasticity throughout perceptual training, in terms of both magnitude and kinetics (Fig. 1H). The neural basis of PL has commonly been evaluated by focusing on two time points (pre- vs. posttraining) or groups (trained vs. untrained) (6–12, 14–16, 30). However, training-based perceptual improvement can be associated with transient phases of functional plasticity, even within a single network (26–29). Thus, studies that are restricted to one or two time points could fail to identify a temporary contribution of a particular brain region to PL. A handful of studies have recorded neural responses during the full time course of visual perceptual training; however, direct comparisons of neural and perceptual improvement either (i) were restricted to early and late time points (56, 57), (ii) revealed relatively weak neural improvements (13), or (iii) resulted in modest correlations between neural and behavioral plasticity (18). In contrast, we found that ACx neurons displayed substantial day-to-day improvements in neural sensitivity that were tightly correlated with, and could plausibly explain, PL.

AM-evoked responses in ACx are enhanced during task performance. This result is in line with an abundance of work demonstrating behaviorally gated modulations of ACx activity (37, 44–49, 62–66). Our observation that disengaged neural sensitivity is better if measured immediately after behavioral testing, rather than before (compare green lines in Fig. 3F), is consistent with an effect of task-specific plasticity that persists

after the behavioral session has concluded. For example, Fritz et al. found that task-dependent spectrotemporal receptive field plasticity in ACx persists for minutes to hours after behavioral performance (47). Similarly, passive stimulus exposure has been found to facilitate PL if the exposure occurs within a short window following active practice (67), presumably when task-dependent neural enhancements are still operational (58, 59). It should be noted, however, that we cannot rule out the possibility that the enhancements we observed during behavioral performance were the result of non-task-specific arousal mechanisms (68, 69).

A distinguishing feature of our results is that the effect of task engagement increases in magnitude across perceptual training sessions. During task performance, neural improvements were pronounced and tightly correlated with perceptual abilities. During nontask listening sessions, however, neural improvements were present but weak, and were uncorrelated with behavior. These findings led us to propose an inclusive conceptual framework: Specifically, we posit that training induces plasticity within the top-down networks that modulate stimulus-driven activity during task performance, thereby augmenting bottom-up plasticity within sensory cortex.

Evidence for bottom-up plasticity derives from previous experiments in which animals were trained on an auditory detection or discrimination task and then anesthetized for extracellular recordings after reaching perceptual asymptote. These studies report that trained animals display altered auditory cortical responses, such as tonotopic reorganization (9, 12) and enhanced AM processing (10, 11). Similarly, Adab and colleagues recorded from V4 and posterior inferior temporal cortex neurons of awake monkeys during training on an orientation discrimination task (57, 70). The authors found that training enhanced the responses to the orientation gratings, and the enhancements were present both during task performance and during passive fixation. Together, these findings suggest that perceptual training can induce neural changes that are observable even when animals are anesthetized or when the task-relevant stimuli are unattended. Thus, we interpret the small, but significant, neural improvements we observed during task disengagement as reflecting plasticity within a bottom-up pathway.

It is important to recognize, however, that changes in bottom-up stimulus encoding do not explain all forms of PL (6, 56, 71, 72). For example, Gilbert and colleagues found that while perceptual training on an embedded contour detection task has little effect on basic response properties of monkey V1 neurons, it has a pronounced effect on how V1 neurons are modulated by stimulus context (6, 56, 71). This finding stands in contrast to those described above from V4 (57, 70) and primary ACx (9–12), where it was found that training modified stimulus-encoding properties. These apparent dissimilarities may reflect differences among functional networks, behavioral tasks, or species.

Our observation that neural improvements are more pronounced during task performance is consistent with the well-established finding that top-down processes known to modulate sensory cortex activity also facilitate and guide PL (12, 17, 38–43). For our purposes, top-down refers to the functional

influence of a higher-order brain region on neural activity in ACx, brought about by task engagement. Several plausible candidate regions may mediate this top-down effect, either in isolation or in concert with one another, including frontal cortex (50, 51), nucleus basalis (73–75), locus coeruleus (76), ventral tegmental area (77, 78), and multisensory cortex (17).

Current models of PL suggest that top-down inputs act to restrict task-dependent plasticity to the appropriate neurons (79–83) or enhance stimulus signals above some threshold beyond which plasticity mechanisms are operational (58, 59). Our hypothesis is consistent with these models but posits that, rather than providing a static modulatory signal, top-down networks change throughout training, thereby contributing to improved ACx sensitivity and PL. This framework is similar to a computational model that has been proposed to explain visual brightness discrimination learning (84) and is consistent with human psychophysical and imaging evidence that training can improve visual attentional modulation (55, 85, 86) and general cognitive skills (23). Thus, training-induced plasticity in top-down modulatory processes may be a general mechanism that supports PL across sensory modalities.

## Materials and Methods

**Subjects.** Adult Mongolian gerbils (*Meriones unguiculatus*) were raised from commercially obtained breeding pairs (Charles River). Animals were housed on a 12-h light/12-h dark cycle and provided with ad libitum food and water unless otherwise noted. All procedures were approved by the Institutional Animal Care and Use Committee at New York University.

**Behavior.** AM detection was assessed with an aversive conditioning paradigm as described previously (29, 87, 88). Psychometric functions were fit with cumulative Gaussians and transformed to the signal detection metric,  $d'$  (89). Threshold was defined as the AM depth at which  $d' = 1$ , unless otherwise stated.

**Electrophysiology.** Extracellular single- and multiunit activity was recorded from left ACx as described previously (37, 90). Firing rates were transformed to  $d'$  values and fit with logistic functions (37). Units were considered “responsive” if they generated a valid fit and threshold (at  $d' = 1$ ).

**Infusions.** Guide cannulas (Plastics One) were implanted into bilateral ACx. Animals were anesthetized briefly with isoflurane, and infused with muscimol or saline 45 min before behavioral training.

**Statistics.** Analyses were performed using JMP (SAS), PASW Statistics (IBM), or SPSS (IBM). When data were not normally distributed, nonparametric tests were used. All reported  $P$  values were Holm–Bonferroni-corrected for multiple comparisons.

For full methodological details, see *SI Appendix*. Data and analysis code can be found at <https://nyu.box.com/v/caras-sanés-2017>.

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Supporting Information for:

**Top-down modulation of sensory cortex gates perceptual learning**

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**This PDF file includes:**

Materials and Methods

Supplementary References

Figs. S1 to S14

Tables S1 to S4

## 1 **Materials and Methods**

### 2 Subjects

3 Adult Mongolian gerbils (*Meriones unguiculatus*) were raised from commercially obtained  
4 breeding pairs (Charles River). Animals were housed on a 12-h light/12-h dark cycle, and  
5 provided with *ad libitum* food and water unless otherwise noted. All procedures were approved  
6 by the Institutional Animal Care and Use Committee at New York University.

7

### 8 Behavioral Apparatus

9 Behavioral performance was assessed with a yes-no aversive conditioning paradigm, as  
10 described previously (1-5). Briefly, a stainless steel spout was positioned above a metal  
11 floorplate within a test cage. Water delivery was initiated by a syringe pump (NE-1000; New Era  
12 Pump Systems) triggered by infrared detection at the spout contact. Sound stimuli were delivered  
13 from a calibrated free-field speaker (DX25TG05-04; Vifa) positioned 1m in front of the test  
14 cage. The cage and speaker were housed within a sound-attenuating room (GretchKen), and  
15 monitored remotely. Stimulus delivery and data acquisition were controlled using custom Python  
16 scripts (written by Dr. Bradley Buran) and an RZ6 multifunction processor (Tucker Davis  
17 Technologies).

18

### 19 Associative Training

20 Animals were placed on controlled water access, and trained to drink continuously while in  
21 the presence of steady, unmodulated, broadband noise (60 dB SPL; 2.5-20 kHz; 12 dB/octave  
22 roll-off). Animals learned to withdraw from the spout when the sound changed from the “safe”  
23 cue (unmodulated noise) to the “warn” cue (0 dB re: 100% depth sinusoidal AM noise; 5 Hz



24 modulation rate; 1 s duration) by pairing the warn cue with a mild shock (0.5-1.0 mA, 300 ms;  
25 Lafayette Instruments) delivered through the metal lick spout (Fig. 1A). To be consistent with  
26 previous literature, and because the decision axis for AM detection is logarithmic (6), depths are  
27 presented here on a dB scale (re: 100% depth). Thus, 0 dB (re: 100% depth) refers to fully  
28 modulated (100% depth) noise, and negative numbers refer to shallower depths. These dB  
29 (re:100% depth) values are not to be confused with dB SPL values, which indicate the root-  
30 mean-squared intensity of the stimulus.

31 Individual animals vary in their sensitivity to pain (7); thus, the shock level was adjusted on  
32 a subject-by-subject basis to reliably elicit spout withdrawal, without dissuading the animal from  
33 resuming drinking shortly thereafter. Warn trials were interspersed with 3-5 safe trials, during  
34 which the unmodulated sound continued unchanged. The unpredictable nature of the warn  
35 presentation prevented temporal conditioning. The gain of the AM signal was adjusted to control  
36 for changes in average power across modulation depths (6, 8).

37

### 38 Behavioral Scoring

39 Behavioral responses were scored by monitoring the animal's contact with the spout during  
40 the final 100 msec of each trial. Breaking contact for  $\geq 50$  msec was considered a spout  
41 "withdrawal" and was scored as a correct "hit" on warn trials (AM noise), and as an incorrect  
42 "false alarm" on safe trials (unmodulated noise; Fig. 1A). Testing began only after an animal had  
43 reached a criterion level of behavioral performance ( $d' \geq 1.5$  for 0 dB depth; see Psychometric  
44 Analysis below). On the final day of associative training, and throughout testing, the root-mean-  
45 squared stimulus intensity was held constant at 45 dB SPL.

46

47 Psychometric Training and Testing

48 Each psychometric session began with a series of “reminder trials” at 0 dB depth. After the  
49 animal responded correctly to 3 consecutive reminder stimuli (or consumed 0.5 mL of water,  
50 whichever came first), psychometric assessment commenced. Five AM depths (Figs. S2-S3)  
51 were presented in descending order (interspersed with 3-5 safe trials, as described above).

52 Animals underwent perceptual training for 5-14 days. Sessions took place every 24 to 48  
53 hours. The five depths presented during the first psychometric session (0, -3, -6, -9 and -12 dB  
54 re: 100%) were chosen because they bracketed naive AM depth detection thresholds, as  
55 determined previously (2, 3, 5). The five AM depths presented in each subsequent session were  
56 determined by the animal’s performance on the previous day. Consecutive AM depths were  
57 always in increments of 3 dB.

58 Maintaining threshold bracketing within and across sessions made it likely that animals  
59 would fail to detect the smallest of the AM depths presented. Delivering shocks during such  
60 trials would likely lead to a cessation of drinking, or intermittent pecking at the spout, which  
61 would result in an excessively high false alarm rate. To avoid these possibilities, the shock was  
62 turned off for the lowest two depths presented. A previous study (9) validated the necessity of  
63 this approach, and confirmed that animals do not become conditioned to the presence or absence  
64 of the shock.

65

66 Psychometric Analysis

67 The percent of “yes” responses (spout withdrawals) was plotted as function of modulation  
68 depth. These psychometric functions were fit with a cumulative Gaussian using the maximum

69 likelihood procedure of the open-source package psignifit 4 for MATLAB (10). The formula  
70 for this function is as follows:

71

$$72 \quad \Psi(x, m, w, \gamma, \lambda) = \gamma + (1 - \gamma - \lambda)S(x; m, w) \quad (1)$$

73

74 where

75

$$76 \quad S(x; m, w) = \Phi\left(C \frac{(x - m)}{w}\right) \text{ and } C = \Phi^{-1}(0.95) - \Phi^{-1}(0.5) \quad (2)$$

77

78 Here,  $\Phi$  and  $\Phi^{-1}$  represent the cumulative standard normal distribution and its inverse,  $x$   
79 represents the modulation depth,  $m$  the threshold,  $\lambda$  the lapse rate,  $\gamma$  the false alarm rate, and  $w$   
80 the width of the interval over which  $S(x; m, w)$  rises from  $\gamma$  to  $\lambda$ .

81 Bayesian inference was used to obtain parameter estimates for a beta-binomial model; thus  
82 prior distributions were required for each parameter described above, as well as an additional  
83 parameter,  $\eta$ , which represents overdispersion. We used the default priors in Psignifit 4, which  
84 worked well for fitting our data. Thus, for  $m$  and  $w$ , uniform prior distributions were generated  
85 automatically from the  $x$  values in our dataset, and the prior distributions for  $\gamma$ ,  $\lambda$ , and  $\eta$  were  
86 defined as beta-distributions with the parameters (1,10) (10).

87 Fits were transformed to the signal detection metric  $d'$  (11):

88

$$89 \quad d' = Z(h) - Z(fa) \quad (3)$$

90

91 Here,  $h$  and  $fa$  represent the hit rate and false alarm rate, respectively. To avoid  $d'$  values that  
92 approach infinity, we set a floor (0.05) and ceiling (0.95) on hit rates and false alarm rates. For  
93 each psychometric fit, threshold was defined as the AM depth at which  $d' = 1$ , unless otherwise  
94 stated.

95

### 96 Electro Implantation Surgery

97 Animals ( $n = 4$  males) were anesthetized with isoflurane/O<sub>2</sub> and secured in a stereotaxic  
98 device (Kopf). An incision was made along the midline, and the skin and fascia were removed.  
99 The skull was exposed and dried with H<sub>2</sub>O<sub>2</sub>. Bone screws were inserted into both frontal bones  
100 and the right parietal bone. A craniotomy was made in the left parietal bone, dorsal and medial to  
101 auditory cortex. A 4 shank silicone probe array with 16 channels arranged in a 600 x 600  $\mu\text{m}$   
102 grid (A4x4-4mm-200-200-1250-H16\_21mm; NeuroNexus) was fixed to a custom-made  
103 microdrive to allow for subsequent advancement, and angled 25 degrees in the mediolateral  
104 plane. The rostral-most shank of the array was positioned 3.9 mm rostral and 4.8 mm lateral to  
105 lambda, and inserted into left core auditory cortex (Fig. S13). Left auditory cortex was targeted  
106 because of its sensitivity to time-varying signals, including vocalizations, relative to the right  
107 hemisphere (12-14). A ground wire was inserted in the right caudal hemisphere, and the  
108 apparatus was secured to the skull via dental acrylic. Animals were allowed to recover for at  
109 least 1 week before being placed on controlled water access.

110

### 111 Neurophysiology

112 Recordings were made in awake animals before, during, and after behavioral sessions using  
113 previously described methodology (15, 16). Briefly, extracellular single- and multi-unit activity

114 was acquired via a 15-channel wireless headstage and receiver (W16; Triangle BioSystems).  
115 Analog signals were preamplified, digitized at a 24.414 kHz sampling rate (TB32; Tucker Davis  
116 Technologies, TDT), and fed via fiber optic link to an RZ5 base station (TDT) for filtering and  
117 processing. To reduce noise, the recordings from all but one channel (e.g. channels 2-15) were  
118 averaged together and subtracted from the remaining channel (e.g. channel 1). This method of  
119 common average referencing was applied to each channel individually (17). Offline, signals were  
120 high-pass filtered (300 Hz; 48 dB/octave roll-off), and a representative 16 sec recording segment  
121 was used to estimate the standard deviation (SD) of the background noise, using the algorithm  
122 described by Quiroga and colleagues (18). A spike extraction threshold was set 4-5 SDs above  
123 the noise floor, and an artifact rejection threshold was set to 20 SDs. Extracted spike waveforms  
124 were peak-aligned, hierarchically clustered, and sorted in principal component (PC) space using  
125 the MATLAB-based package UltraMegaSort 2000 (19) (Fig. S14). Single-units were  
126 characterized by clear separation in PC space,  $\leq 10\%$  of spikes violating the refractory period,  
127 and  $\leq 5\%$  spikes missing, as estimated from a Gaussian fit of the spike amplitude histogram (19)  
128 (Fig. S14). Recordings that did not meet these criteria were considered multi-units. Because of  
129 the small number of AM-responsive single-units in our dataset (see Table S1), we pooled single-  
130 and multi-units together for all group analyses reported here.

131 During behavioral recording sessions, the number of trials per session was unlimited, and  
132 AM depth values were adjusted within each session to maintain threshold bracketing (5). This  
133 approach allowed us to maximize our neurophysiological data collection each day.

134 Recordings were made both during task performance (the “engaged” condition), and during  
135 disengaged sessions that occurred just prior to (“pre”) and just after (“post”) the engaged  
136 sessions. The number of presentations for each warn depth (averaged across sessions) was

137 similar across listening conditions [pre:  $16 \pm 0.22$ ; engaged:  $16 \pm 0.53$ ; post:  $15 \pm 0.24$ ; mean  $\pm$   
138 sem trials].

139

#### 140 Neurometric Analysis

141 The firing rate (spikes/s) of each recording site was calculated over a 1 second duration for  
142 both unmodulated and AM noise. Firing rate-based  $d'$  values were calculated as:

143

$$144 \quad d' = \frac{2(\mu FR_{AM} - \mu FR_{UNMOD})}{\sigma FR_{AM} + \sigma FR_{UNMOD}} \quad (4)$$

145

146 where  $\mu FR_{AM}$  and  $\sigma FR_{AM}$  are the mean and standard deviation of the firing rate for a single  
147 modulation depth, and  $\mu FR_{UNMOD}$  and  $\sigma FR_{UNMOD}$  represent the mean and standard deviation of  
148 the firing rate elicited by the unmodulated noise.

149 Neural  $d'$  values were fit with a logistic function using a nonlinear least-squares regression  
150 procedure using the MATLAB function *nlinfit* (Mathworks) (16). The formula for this function  
151 is as follows:

$$152 \quad F(x) = y_0 + \frac{a}{1 + \exp(-(x - x_0)/b)} \quad (5)$$

153

154 Here,  $y_0$  represents the minimum  $d'$  value,  $x$  the modulation depth,  $a$  the range of  $d'$  values,  
155  $x_0$  the modulation depth at the inflection point, and  $b$  the slope of the function. The validity of  
156 each fit was assessed by calculating the statistical significance of the correlation (Pearson's  $r$ )  
157 between predicted and actual  $d'$  values. For each neurometric fit, threshold was defined as the

158 AM depth at which  $d' = 1$ . Units were considered responsive to AM stimuli if they generated a  
159 valid neurometric fit and threshold. Units were considered unresponsive if either (i) the fit was  
160 deemed invalid, or (ii) the highest  $d'$  elicited was below a value of 1. For units with valid fits  
161 and a minimum  $d'$  value above 1, threshold was set to the lowest AM depth presented in the  
162 session.

163

#### 164 Cannula Implantation Surgery

165 Surgical procedures for cannula implantation were similar to those for electrode  
166 implantation, described above. After exposing and drying the skull, bone screws were inserted  
167 into both frontal bones. Craniotomies were made in the both parietal bones, dorsal and medial to  
168 each auditory cortex. Double guide cannula (26 gauge, 3 mm cannula length, 1.2 mm center-to-  
169 center distance; C235GS-5-1.2/SPC; Plastics One) were angled 20 degrees in the mediolateral  
170 plane. The mediolateral angle of electrodes and cannulas differed because the size of the  
171 cannulas prevented bilateral implants angled at 25 degrees. However, histology confirmed that  
172 our infusions were centered within ACx (Fig. S9). The rostral most cannula in each hemisphere  
173 was positioned 3.9 mm rostral and 4.8 mm lateral to lambda. Cannulas were inserted into left and  
174 right core auditory cortices, and the apparatus was secured to the skull via dental acrylic.  
175 Dummy cannulas (33 gauge, 3.2 mm cannula length, C235DCS-5/SP; Plastics One) were  
176 inserted to keep guides clear and were secured in place with a brass dustcap (303DC/1B; Plastics  
177 One). Animals were allowed to recover for at least 1 week before being placed on controlled  
178 water access.

179

#### 180 Cannula Infusions

181 Muscimol (AbCam) was dissolved in 0.9% NaCl to achieve a concentration of 4 mg/mL.  
182 Aliquots (20-30  $\mu$ L) were stored at -20°C and used within 1 week. Prior to infusions, aliquots  
183 were thawed to room temperature and diluted to 1 (Fig. S1) or 0.5 mg/mL (Fig. 4 and Fig. S11-  
184 12) with 0.9% NaCl.

185 Animals ( $n = 7$  males) were anesthetized with isoflurane/O<sub>2</sub>. Dust caps and dummy cannulas  
186 were removed from the guides. Infusion cannulas (33 gauge, 4 mm cannula length, C235IS-5/SP;  
187 Plastics One) were connected to PE-50 tubing (A-M Systems), backfilled with mineral oil, and  
188 connected to glass syringes (10  $\mu$ L, 1801 Gastight, Hamilton) via 23s gauge needles (Hamilton).  
189 Muscimol or saline was drawn into the tip of each infusion cannula, and inserted into the guides.  
190 Bilateral infusions (1  $\mu$ L/hemisphere, 0.2  $\mu$ L/min) were made simultaneously using a six-channel  
191 programmable pump (NE-1600, New Era). Infusion success was confirmed by visually  
192 monitoring the movement of the meniscus between the infusion solution (muscimol or saline)  
193 and the mineral oil. To ensure full diffusion of the solution, infusion cannulas were left in place  
194 for 4 minutes before replacing dummy cannulas and caps. The entire process (from anesthesia  
195 induction to cap replacement) took 10-12 minutes. Animals recovered in their home cage for 45  
196 minutes prior to behavioral training or testing. During this time, we observed animals to verify  
197 that they were alert and engaged, displayed proper posture, and demonstrated normal motor  
198 functions. One of the seven animals did not meet these criteria, and was therefore removed from  
199 the study. This animal was the smallest of the infusion group (55.5 gm), weighing >1.5 standard  
200 deviations below the mean of the remaining animals (69.5 +/- 8.7 gm).

201 The 6 remaining animals were used to determine whether ACx activity is necessary for PL  
202 (Fig. 4A-D and Fig. S11). Four of these animals were also used to determine whether ACx is  
203 necessary for detection of fully modulated AM noise (Fig. S1 and Fig. S10). These latter



204 experiments took place immediately after associative training was completed, prior to any  
205 psychometric training or testing.

206 When determining whether ACx was required for AM depth detection (Fig. S1), the warn  
207 stimulus (0 dB re: 100% depth) was presented a maximum of 20 times per session. During  
208 experiments exploring whether ACx activity is necessary for PL (Fig. 4, Figs. S11-S12), each  
209 depth was presented a maximum of 10 times. Given enough time or practice, animals with  
210 inactivated or lesioned brain regions may develop compensatory neural strategies to solve  
211 perceptual tasks (20, 21). In pilot experiments, we found that limiting sessions to 50 total trials  
212 minimizes compensation (not shown).

213

#### 214 Histology

215 At the end of all experiments, animals were deeply anesthetized with an intraperitoneal  
216 injection of sodium pentobarbital (150 mg/kg) and perfused with phosphate-buffered saline and  
217 4% paraformaldehyde. To mark recording sites in electrode-implanted animals, electrolytic  
218 lesions were made by passing current (7 mA, 10 sec) through one contact immediately before  
219 perfusion. To estimate the spread of muscimol diffusion in cannula-implanted animals, animals  
220 were infused with Fluoro-Ruby (10,000 MW Tetramethylrhodamine dextran, Thermo Fisher;  
221 1 $\mu$ L /hemisphere) 30 – 90 minutes before perfusion. Brains were post-fixed and sectioned at 60  
222  $\mu$ m on a benchtop vibratome (Leica). Alternate sections from cannula-implanted animals were  
223 cleared and coverslipped for fluorescent imaging. All other sections were stained for Nissl.  
224 Brightfield and fluorescent images were acquired at 2X and 10X using a high-resolution slide  
225 scanner (Olympus). To verify recordings and infusions targeted core auditory cortex, electrode

226 tracks (Fig. S13) and dye spread (Fig. S9) were reconstructed offline and compared to a gerbil  
227 brain atlas (22).

228

## 229 Statistical Analysis

230 Statistical analyses were performed using JMP 9.0.1 (SAS), PASW Statistics 18.0, or SPSS  
231 Statistics 24.0. For normally distributed data (as assessed by the Shapiro-Wilk test), data are  
232 reported as mean  $\pm$  sem unless otherwise stated. When data were not normally distributed, non-  
233 parametric analyses were used. In instances of multiple comparisons, alpha values were Holm-  
234 Bonferroni-corrected. When violations of sphericity were present,  $P$  values and degrees of  
235 freedom were Greenhouse-Geisser corrected.

236 For our physiology experiments, animals received perceptual training for either 5, 7, 10, or  
237 14 days (each  $n = 1$ ). We therefore restricted our group analyses to the first 7 days of training for  
238 which we had data from  $n = 3$  animals. When performing within-subject analyses (such as in Fig.  
239 1F-G, Fig. 3D-E, and Fig. S5), we used all data available. To quantify the correlation between  
240 neural and behavioral thresholds within individual animals (Fig. 1G, Fig. 3E and Table S2), we  
241 calculated Pearson's  $r$  and its associated  $P$  value.

242 The electrode position within each animal was advanced or kept steady based on the quality  
243 and number of AM-responsive recording sites on a given day. As a result of this approach, some  
244 sites were recorded over multiple training days, and other sites were only recorded on a single  
245 day. Thus, to quantify the overall effect of training on neural thresholds we chose to treat each  
246 recording site independently. We therefore used standard 1-way (non repeated-measures, RM)  
247 ANOVAs to analyze the neural data depicted in Fig. 1H, Fig 3F, Fig. S5 and Fig. S8.

248 To assess the effect of training on behavioral thresholds and false alarm rates (Fig. 1H and  
249 Fig. S4B), we performed two tests. First, missing values from one animal on days 6 and 7  
250 prevented us from performing RM-ANOVAs for all 7 training days; thus, we performed 1-way  
251 RM-ANOVAs across only the first 5 days. Second, we performed less sensitive 1-way (non RM)  
252 ANOVAs for all 7 days of testing. As similar effects of training day were found for both tests,  
253 we only report the values for the RM-ANOVAs.

254 Similarly, because AM depths were systematically adjusted to maintain threshold  
255 bracketing (see Psychometric Training and Testing, above) some AM depth values were not  
256 presented on every test day. These missing values prevented us from performing RM-ANOVAs  
257 to test the effect of test day on hit rates (Fig. S4A). We therefore performed 1-way (non RM)  
258 ANOVAs for each stimulus value.

259 To calculate the rate of neural and behavioral improvement, we plotted data on an  $x$ -log  
260 scale, and fit data with a linear regression using the MATLAB functions *polyfit* and *polyval*. The  
261 slopes of these lines were taken as our measure of rate of improvement (Fig. 1H and Fig 3F).

262 To compare thresholds across days within individual units (Fig. 1I and Table S3), we used  
263 Student's paired two-tailed  $t$ -tests.

264 Because FRs were non-normally distributed, we used Kruskal-Wallis tests to analyze the  
265 effect of perceptual training on FR (Fig. S6A), FR standard deviations (Fig. S6B), FR ratios (Fig.  
266 2B), and CV (Fig. 2C). We used the Friedman test and Wilcoxon Signed Ranks tests to compare  
267 firing rates across listening conditions (Fig. 3C).

268 We used a 1-way RM-ANOVA and Student's paired two-tailed  $t$ -tests to compare neural  
269 thresholds between disengaged (pre and post) and engaged listening conditions (Fig. 3B).

270 To examine the effect of a high dose of muscimol on detection of fully modulated (0 dB re:  
271 100% depth) noise (Fig. S1), we used a 1-way RM-ANOVA. Post-hoc comparisons were  
272 performed with Student's paired two-tailed *t*-tests. To determine whether the effect of muscimol  
273 on 0 dB AM detection was dose-dependent (Fig. S10), we performed Student's paired two-tailed  
274 *t*-tests.

275 To determine whether a low dose of muscimol affected psychometric performance during  
276 training (Fig. S11), we performed a 2-way (stimulus x condition) RM-ANOVA. To determine  
277 whether muscimol infusions impaired PL, we examined the effect of time point (baseline, day 7,  
278 final) on behavioral *d'* values (Fig. 4C and 4E). Because we maintained threshold bracketing (see  
279 Psychometric Training and Testing, above), some AM depth values were not presented at every  
280 time point. We took two approaches to analyze data with missing values. First, we created  
281 restricted datasets by removing any AM depth value for which we had missing data. Second, we  
282 created complete datasets by filling in missing points with *d'* values extrapolated from the  
283 psychometric fitted functions. We then analyzed both the restricted and complete datasets using  
284 2-way (time point x AM depth) RM-ANOVAs. Because these analyses yielded qualitatively  
285 similar results, we report only the test-statistics and *P* values from the analysis of the complete  
286 datasets here. We also used 2-way RM-ANOVAs to determine the effect of time point on  
287 thresholds obtained at 4 different *d'* cuts (1, 1.5, 2 and 2.5; Fig 4D and 4F).

288 To verify that muscimol-induced disruptions of PL were not due to task-specific  
289 impairments (such as reduced motivation or disrupted motor function) we examined the effect of  
290 ACx infusions on the rate of trial completion, false alarm rates, and reaction times using 1-way  
291 RM-ANOVAs (Fig. S12).

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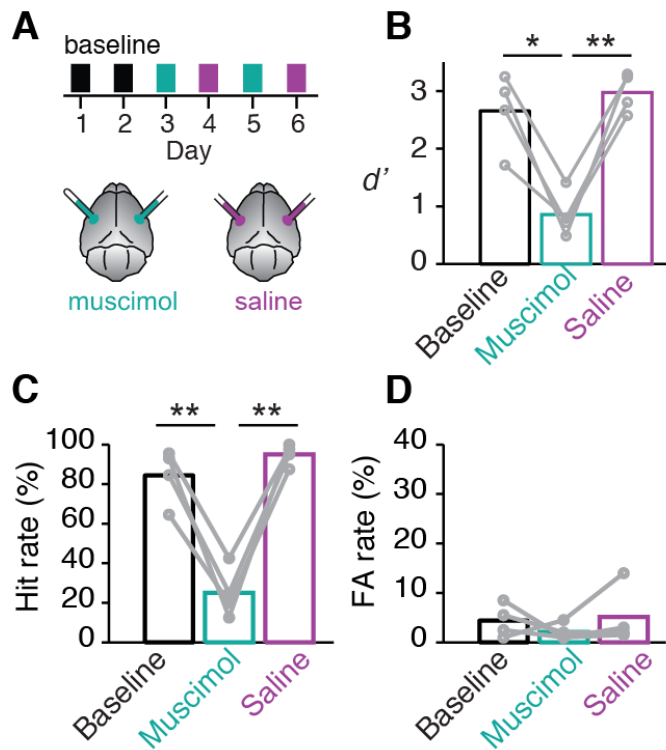
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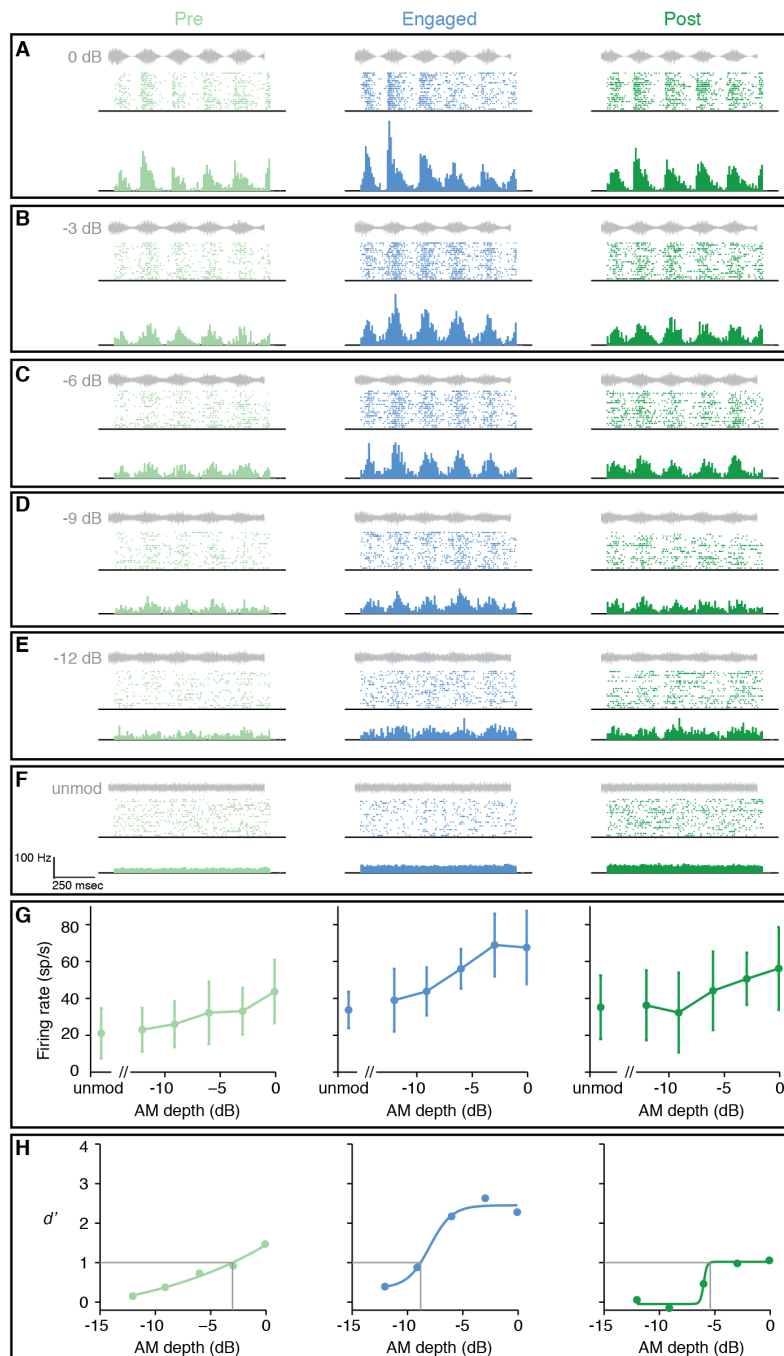
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292 **Fig. S1. Auditory cortex activity is necessary for AM detection**

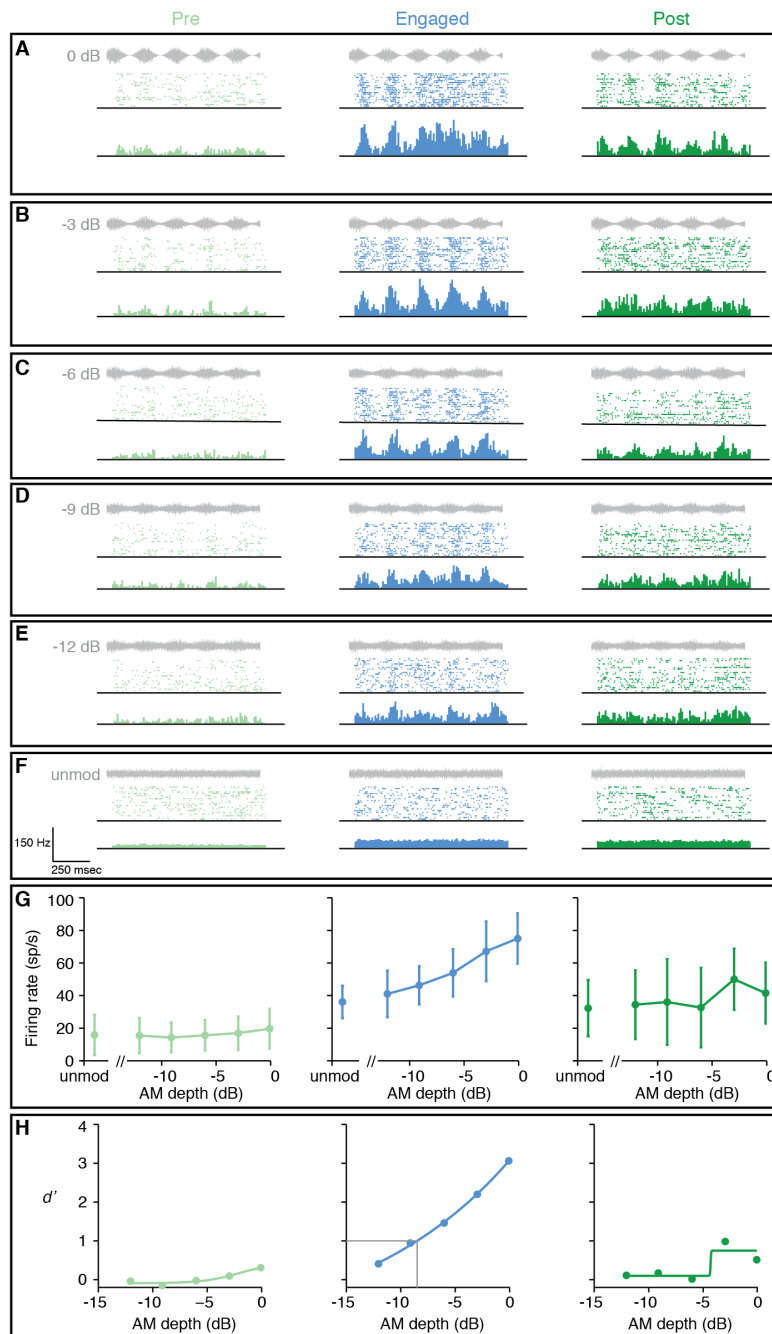
293 (A) Animals ( $n = 4$ ) were implanted with cannulas into bilateral auditory cortex, and tested on  
 294 their ability to detect fully modulated (0 dB re: 100%) AM noise using the task schematized in  
 295 Fig. 1A. (Note that these animals were not implanted with chronic electrode arrays for wireless  
 296 recording.) After 2 days of baseline testing, animals received bilateral infusions  
 297 (1 $\mu$ L/hemisphere) of either a high dose of muscimol (1mg/mL; total dose of 2  $\mu$ g) or saline on  
 298 alternate days. (B) Muscimol impairs AM detection [ $F_{2,6} = 33$ ,  $P = 0.0006$ ,  $n = 4$ ; muscimol vs.  
 299 baseline:  $t_3 = 5.6$ ,  $P = 0.012$ ; muscimol vs. saline:  $t_3 = 9.2$ ,  $P = 0.0027$ ]. Each point represents the  
 300 average of two test days. Data from the same animal are connected by lines. Bars represent  
 301 means. (C) Impairments were caused by reduced hit rates [ $F_{2,6} = 69$ ,  $P < 0.0001$ ; muscimol vs.  
 302 baseline:  $t_3 = 7.7$ ,  $P = 0.0045$ ; muscimol vs. saline:  $t_3 = 10$ ,  $P = 0.0019$ ]. (D) Muscimol does not  
 303 affect false alarm rates [ $F_{2,6} = 0.50$ ,  $P = 0.63$ ].



304 **Fig S2. AM-driven activity is enhanced during task-engagement**

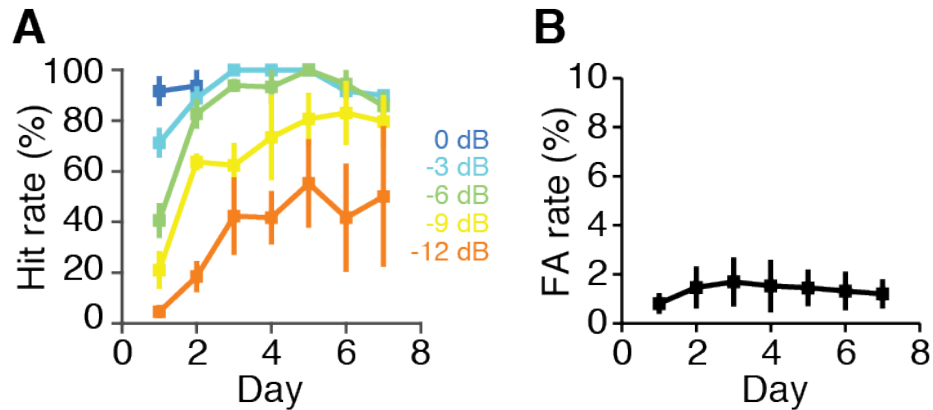
305 (A-F) Rasters and post-stimulus time histograms (PSTHs) show AM-driven activity from one  
 306 representative multi-unit in response to a range of AM depth stimuli. Responses were recorded  
 307 on the first day of perceptual training. Grey waveforms show envelope of AM stimulus. Data are

308 from the same unit depicted in Fig. 3A. **(G)** The firing rate of this unit (mean  $\pm$  stdev) is plotted  
309 as a function of AM depth. **(H)** The firing rate of this unit is transformed into the signal  
310 detection metric,  $d'$ , and plotted as a function of AM depth. Despite yielding valid thresholds  
311 during pre, engaged, and post conditions (grey lines in **H**), AM-driven activity in this unit is  
312 stronger during the engaged condition compared to the disengaged (pre and post) conditions,  
313 leading to enhanced sensitivity during task-engagement. Increased discharge rates and enhanced  
314 AM sensitivity appear to persist to some degree after task-engagement. A similar trend can be  
315 observed for the group data in Fig. 3F. This observation is consistent with previous reports of  
316 task-related ACx plasticity being maintained for hours after task completion (23-25).



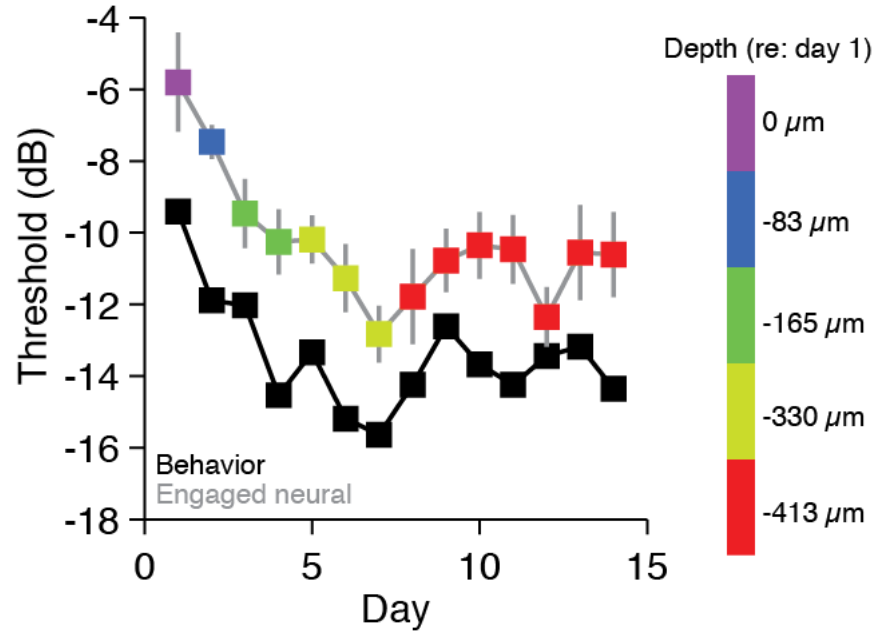
317 **Fig S3. AM-driven activity is enhanced during task-engagement**

318 Rasters and PSTHs (A-F), firing rates (G) and  $d'$  values (H) from another representative multi-  
 319 unit from the first day of perceptual training. Plot conventions as in Fig. S2. This unit only  
 320 yielded a valid threshold during task-engagement, and was therefore considered “unresponsive”  
 321 to AM during pre and post conditions.



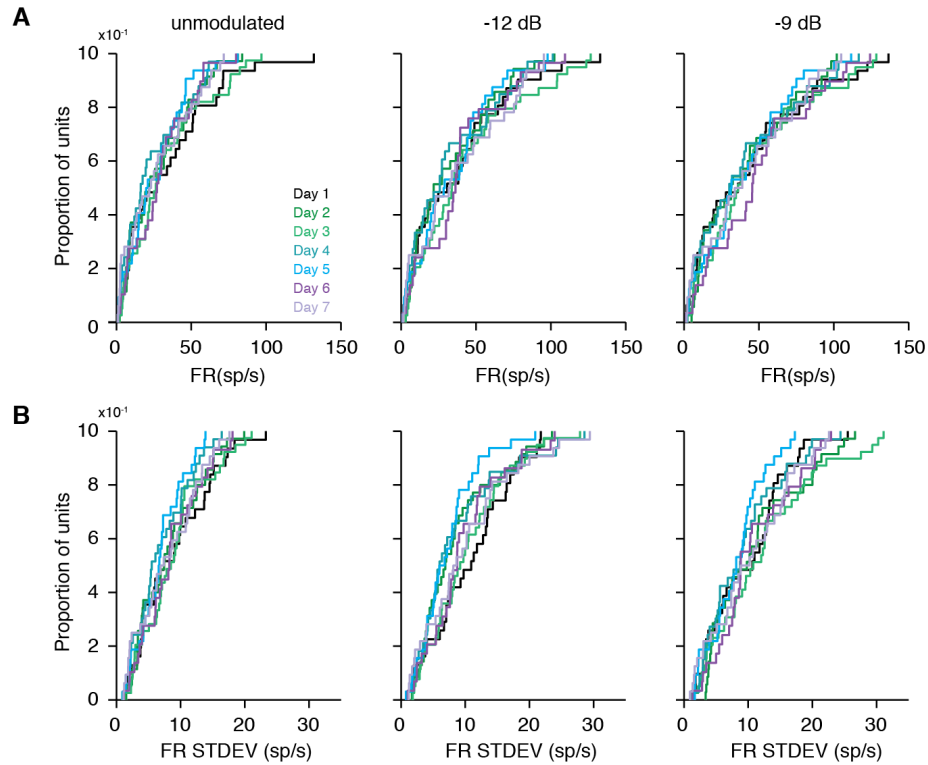
**Fig. S4 Behavioral improvement is driven by increased hit rates**

322 (A) Perceptual training increases hit rates [-3dB:  $F_{6,10} = 5.3$ ,  $P = 0.011$ ,  $n = 4$  (days 1-3), 2 (day  
 323 4) and 1 (days 5-7); -6 dB:  $F_{6,17} = 17.2$ ,  $P < 0.0001$ ,  $n = 4$  (days 1-3 and 5), 3 (days 4 and 6), 2  
 324 (day 7) ; -9 dB:  $F_{6,19} = 4.2$ ,  $P = 0.0075$ ,  $n = 4$  (days 1-5), 3 (days 6-7); -12 dB:  $F_{6,19} = 1.55$ ,  $P =$   
 325 0.22;  $n = 4$  (days 1-5), 3 (days 6-7)]. Note that because AM depths were systematically  
 326 decreased to maintain threshold bracketing, 0 dB was only presented on the first two days.  
 327 Therefore, no statistical test was performed for this stimulus value. (B) False alarm rates remain  
 328 low throughout training [ $F_{4,12} = 0.28$ ,  $P = 0.88$ ;  $n = 4$  animals].



329 **Fig. S5 Neural improvement is maintained after learning**

330 Neural and behavioral sensitivity from one animal across 2 weeks of perceptual training. Neural  
 331 thresholds improve during the first 7 days of training [Days 1-7:  $F_{6,42} = 6.0$ ,  $P = 0.0001$ ,  $n = 49$   
 332 sites (range: 6-9/day)], and remain low during asymptotic perceptual performance [Days 7-14:  
 333  $F_{7,42} = 0.81$ ,  $P = 0.58$ ,  $n = 50$  sites (range 4-8/day)]. Color indicates depth at which physiological  
 334 data were recorded, relative to the starting depth on day 1. See Fig. S13 for histology from this  
 335 same animal.

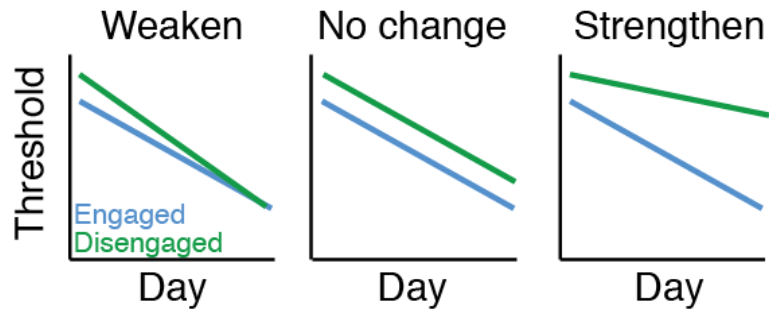


336 **Fig. S6 Perceptual training does not affect FRs or FR STDEVs across the ACx population**

337 **(A)** Population FRs do not change across training day [unmodulated:  $H = 2.90$ ,  $P = 0.821$ ; -12  
 338 dB:  $H = 2.52$ ,  $P = 0.866$ ; -9 dB:  $H = 2.22$ ,  $P = 0.899$ ]. **(B)** FR standard deviations also stay  
 339 steady during training [unmodulated:  $H = 4.58$ ,  $P = 0.599$ ; -12 dB:  $H = 7.82$ ,  $P = 0.252$ ; -9 dB:  $H$   
 340  $= 5.52$ ,  $P = 0.479$ ]. All  $n = 231$  sites (range: 29-39/day; Table S1). The fact that the FR ratios of  
 341 individual units increase throughout training (Fig. 2B) without a change in the global FR  
 342 suggests that the day-to-day FR changes of individual units offset one another. As an example, in  
 343 Fig. 2A, the FR distributions gradually separate from one another, but the day-to-day absolute  
 344 FRs fluctuate in a seemingly random manner (i.e. compare where the Day 2 and Day 4  
 345 distributions fall along the  $x$ -axis in Fig. 2A). This finding suggests that two independent  
 346 mechanisms simultaneously modulate FRs: one mechanism, induced by perceptual training,

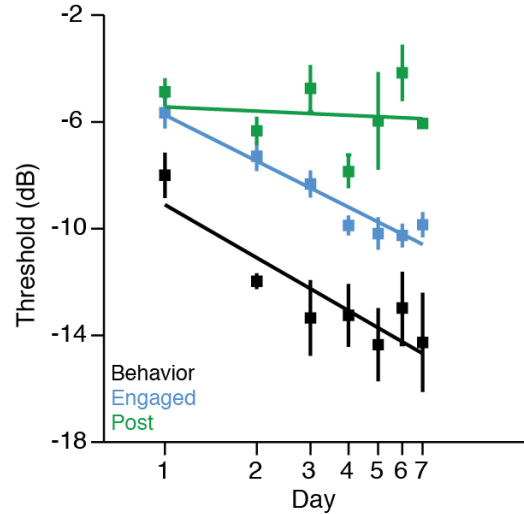
347 enhances AM detection by increasing the separation of the warn and safe FR distributions. The  
348 second mechanism changes the daily FR gain on a unit-by-unit basis, in a stimulus-independent  
349 manner, possibly due to fluctuations in arousal, attention, or motivation (26, 27).





350 **Fig. S7 Possible effects of training on a top-down process**

351 The difference between engaged and disengaged neural thresholds reflects the strength of a top-  
 352 down process. If training has no effect on this process, we would expect the magnitude of the  
 353 engaged-disengaged difference to stay the same across days, despite training-based improvement  
 354 (middle panel). Alternatively, if training weakens the top-down process, we would expect that  
 355 the engaged-disengaged difference would gradually decrease across days (left panel). Finally, if  
 356 training strengthens the top-down process, we would expect the engaged-disengaged difference  
 357 to grow larger across days (right panel).



358 **Fig S8. Behaviorally-gated neural improvement is observed using a timing-based analysis**

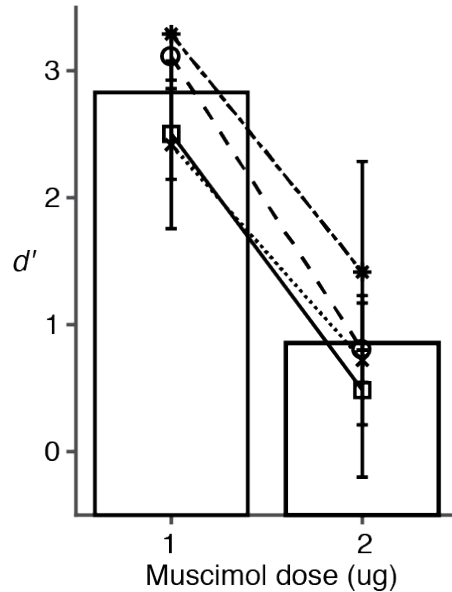
359 Power was calculated from a discrete Fourier transform of spike times using a multitaper method  
 360 using the Chronux toolbox for MATLAB (28, 29). This approach quantifies the magnitude of the  
 361 discharge rate at the modulation rate of the AM stimulus (spikes/sec<sup>2</sup>/Hz). As power includes  
 362 both temporal and rate information in its calculation, but does not depend on stimulus phase-  
 363 locking, it is a reasonable indicator of how well neural activity matches the shape of the stimulus  
 364 amplitude envelope. Power values were transformed to  $d'$ , fit with a logistic regression, and  
 365 thresholds were extracted from the fitted functions at  $d' = 1$ . Power-based thresholds obtained  
 366 during task-engagement improved throughout perceptual training [ $F_{6,171} = 10.9, P < 0.0001, n =$   
 367 178 sites (range 22-31/day); -5.7 dB/log(day)]. Power-based thresholds obtained during  
 368 disengaged listening sessions immediately following task performance (“post”) did not improve  
 369 [ $F_{6,14} = 2.40, P = 0.083, n = 21$  sites (range 1-6/day); -0.52 dB/log(day)]. Note that the effect of  
 370 training could not be assessed on thresholds from disengaged listening sessions that occurred  
 371 immediately prior to task performance (“pre”) because only 2 training days yielded power-  
 372 based thresholds from more than one site.



373 **Fig. S9 Estimated spread of muscimol**

374 Representative coronal section shows spread of Fluro-Ruby (1  $\mu$ L/hemisphere) 45 minutes after

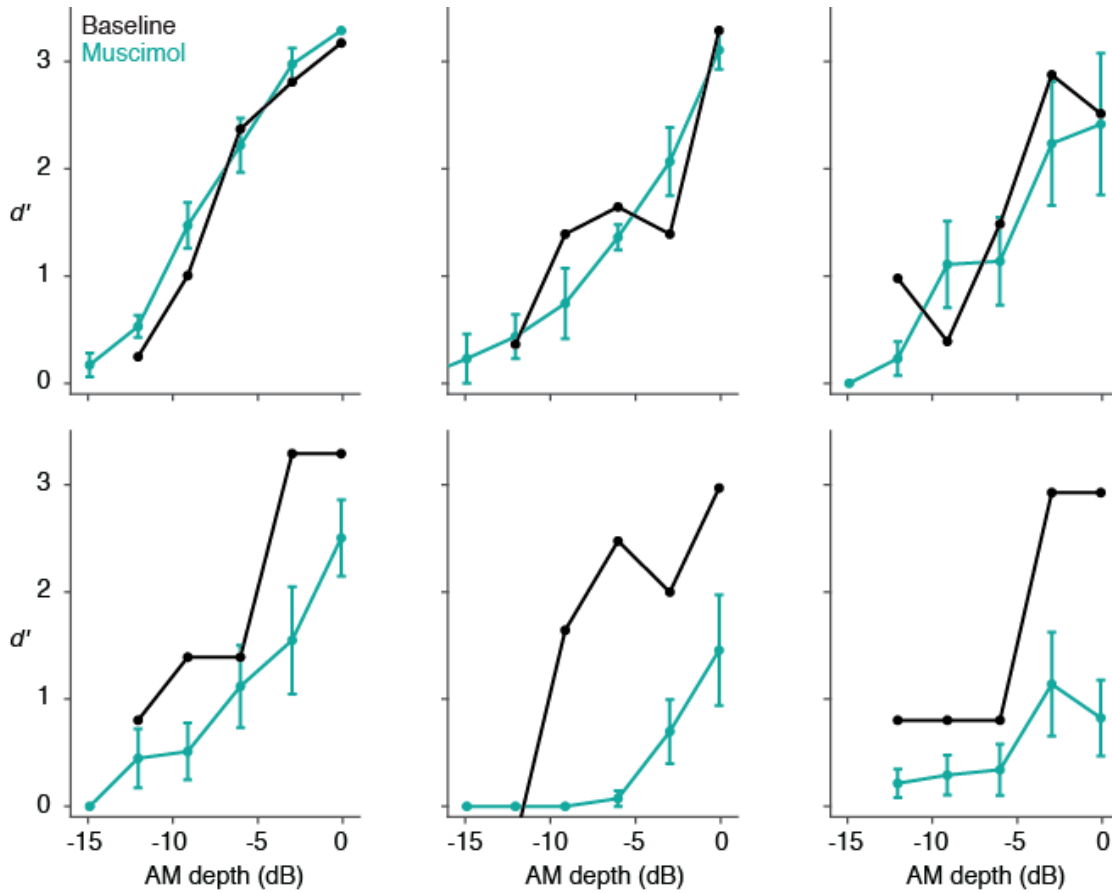
375 bilateral ACx infusion.



376

377 **Fig S10. Dose-dependent effect of muscimol on AM detection**

378 A high dose of muscimol (1  $\mu$ L/hemisphere; 1 mg/mL; total dose of 2  $\mu$ g) impairs detection of  
 379 fully modulated (0 dB re: 100%) AM noise. A lower dose (1  $\mu$ L/hemisphere; 0.5 mg/mL; total  
 380 dose of 1  $\mu$ g) allows for excellent detection of 0 dB AM in the same animals ( $n = 4$ ). Data from  
 381 the same animal are connected by lines. The effect of dose was significant [ $t_3 = 15.29$ ,  $P =$   
 382 0.0006,  $n=4$  animals]. Bars represent means. High dose (2  $\mu$ g) data are replotted from Fig. S1,  
 383 with each point representing the average of two muscimol sessions collected during associative  
 384 testing (prior to perceptual training) on alternating days. Low dose (1  $\mu$ g) data points represent  
 385 the average of all  $d'$  values generated at 0 dB during perceptual training sessions paired with  
 386 muscimol (i.e. Days 2-6 in Fig. 4A). Because AM depth values were adjusted daily to maintain  
 387 threshold bracketing during perceptual training, animals were tested with 0 dB for a variable  
 388 number of low-dose sessions (range: 2-4).



389

390 **Fig S11. A low dose of muscimol does not grossly impair psychometric performance**

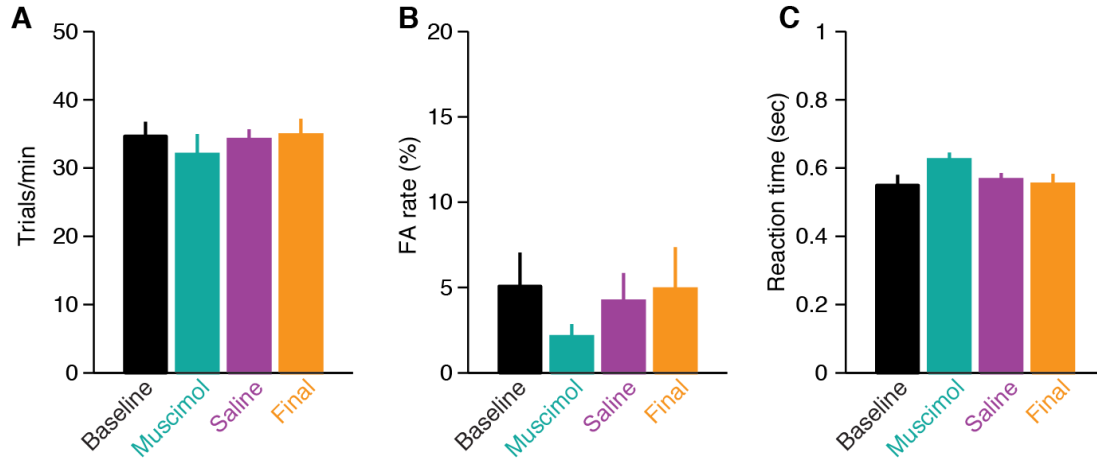
391 Comparisons of psychometric performance at baseline and during muscimol training sessions.

392 Each panel contains data from a single animal. Muscimol data are averaged across all muscimol

393 training sessions (Days 2-6 in Fig. 4A). In general, a low dose of muscimol (0.5 mg/mL;

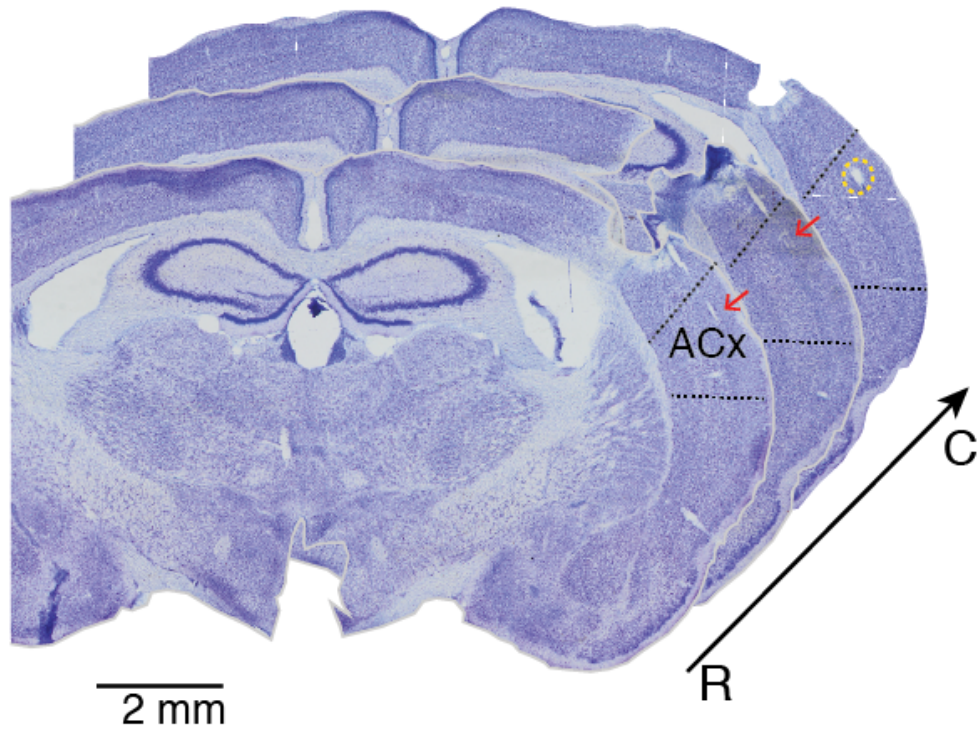
394 1 $\mu$ L/hemisphere; total dose of 1  $\mu$ g) did not grossly perturb AM perception [ $F_{1,5} = 5.14, P =$

395 0.073,  $n = 6$  animals], but did impair learning (see Fig. 4).



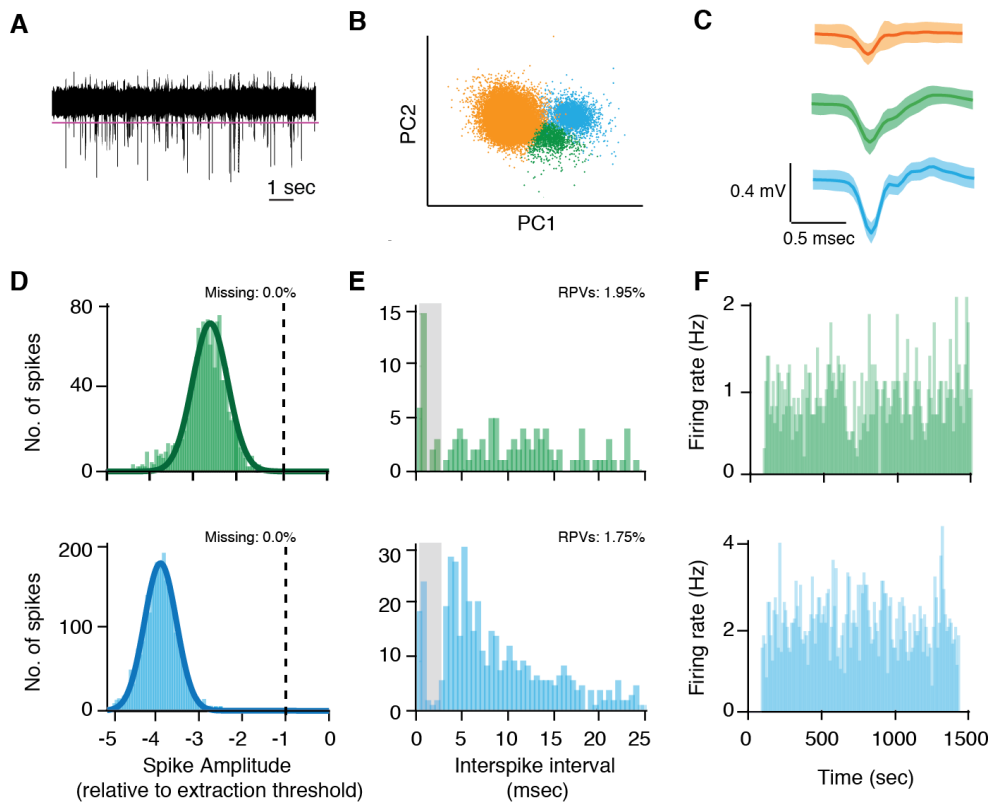
396 **Fig. S12 Muscimol-induced disruption of PL is not explained by task-specific impairments**

397 A low dose of muscimol (0.5 mg/mL, 1 $\mu$ L/hemisphere; total dose of 1  $\mu$ g) does not affect (A)  
 398 the rate of trial completion [ $F_{1,8,9,2} = 0.36$ ,  $P = 0.69$ ], (B) false alarm rates [ $F_{1,2,6,2} = 0.93$ ,  $P =$   
 399 0.39], or (C) hit trial reaction times [ $F_{3,15} = 2.2$ ,  $P = 0.13$ ]. For muscimol and saline conditions,  
 400 across-session means were calculated for each animal. These mean values were then averaged  
 401 across animals to obtain the bars and SEMs depicted here. All  $n = 6$  animals.



402 **Fig. S13 Representative electrode track**

403 Nissl-stained coronal sections from one animal arranged from rostral (R) to caudal (C) showing  
404 electrode tracks (red arrows) and electrolytic lesion (yellow circle) in ACx. Sections were  
405 separated by 180  $\mu\text{m}$ .



406 **Fig. S14 Spike sorting and single-unit verification**

407 (A) Representative voltage trace after filtering and common average referencing. Magenta line  
 408 indicates snippet extraction threshold. (B) Extracted snippets were sorted in principal component  
 409 (PC) space, generating (C) sorted waveforms (means  $\pm$  2 stdev). (D) Distribution of spike  
 410 amplitudes for the two single-units identified in C. Dashed vertical line represents amplitude of  
 411 extraction threshold. Thick line represents a Gaussian fit of the distribution, allowing for an  
 412 estimation of the percent of spikes missing. (E) Distribution of interspike-intervals for each  
 413 single-unit. Grey shading highlights refractory period. For both units < 2% of spikes were  
 414 refractory period violations (RPVs). (F) Firing rate histograms for each single unit over the  
 415 duration of the recording session. Both units show steady firing rates, demonstrating recording  
 416 stability.



417 **Table S1.**

418 Number of units responsive to AM, broken down by day and by session type.

<b>Day</b>	<b>Pre</b>		<b>Engaged</b>		<b>Post</b>	
	<b>Multi</b>	<b>Single</b>	<b>Multi</b>	<b>Single</b>	<b>Multi</b>	<b>Single</b>
<b>1</b>	11	0	29	2	11	1
<b>2</b>	6	0	32	3	5	0
<b>3</b>	11	0	37	2	14	0
<b>4</b>	4	0	33	0	7	0
<b>5</b>	6	0	29	3	7	0
<b>6</b>	2	0	28	1	4	0
<b>7</b>	3	1	30	2	6	0
<b>Total</b>	<b>43</b>	<b>1</b>	<b>218</b>	<b>13</b>	<b>54</b>	<b>1</b>

419

420 **Table S2.**

421 Within-animal correlations between behavioral and neural thresholds. AM responses during the  
 422 Pre condition from subject 221955 were only observed on one day, so no correlation value could  
 423 be calculated. \*Significant after adjusting alpha level for multiple comparisons.

424

Subject ID	Pre			Engaged			Post		
	<i>r</i>	<i>P</i>	slope	<i>r</i>	<i>P</i>	slope	<i>r</i>	<i>P</i>	slope
217821	0.87	0.012	0.53	0.85	<0.0001*	0.74	0.39	0.23	0.32
221955	--	--	--	0.99	0.0014*	1.2	0.85	0.35	2.3
222724	0.87	0.052	1.6	0.61	0.14	0.93	0.65	0.16	1.7
222725	0.56	0.093	0.79	0.92	0.0002*	0.81	0.63	0.051	0.75

425 **Table S3.**

426 Within-site threshold comparisons during perceptual training (Student’s paired two-tailed *t*-  
 427 tests). Only units that yielded a valid threshold on both days were included in the analyses.  
 428 Because some sites were lost during later sessions, the Day 1 thresholds (and the sample sizes)  
 429 differ for each comparison. Data are from  $n = 2$  animals. (We advanced the electrode in the  
 430 remaining 2 animals throughout Days 1-5, making within-unit comparisons in those subjects  
 431 impossible). \*Significant after adjusting alpha level for multiple comparisons.

<b>Comparison</b>	<b>Day 1 threshold (dB re: 100%) Mean ± SEM</b>	<b>Day N threshold (dB re: 100%) Mean ± SEM</b>	<b><i>t</i>(df)</b>	<b><i>P</i></b>	<b>Effect size (Cohen’s <i>d</i>)</b>
Day 1 vs. Day 2	-7.0 ± 0.91	-9.9 ± 0.81	5.1(15)	0.0001*	0.65
Day 1 vs. Day 3	-6.8 ± 0.97	-9.0 ± 0.76	5.5(15)	<0.0001*	0.84
Day 1 vs. Day 4	-7.4 ± 0.99	-11 ± 0.81	8.3(13)	<0.0001*	1.2
Day 1 vs. Day 5	-7.5 ± 1.0	-13 ± 1.0	8.6(11)	<0.0001*	1.5

432

433 **Table S4.**

434 Chi-square analysis of the effect of listening condition (pre, engaged, post) on unit  
 435 responsiveness to AM, broken down by day. See Table S1 for raw counts of responsive units.

436 \*Significant after adjusting alpha level for multiple comparisons.

<b>% Units Responsive to AM</b>						
<b>Day</b>	<b>Pre</b>	<b>Engaged</b>	<b>Post</b>	<b>Pearson <math>X^2</math></b>	<b>df</b>	<b><i>P</i></b>
<b>1</b>	23.9	67.4	26.1	23.2	2	<0.001*
<b>2</b>	13.0	74.5	10.6	55.6	2	<0.001*
<b>3</b>	20.0	69.6	25.9	34.4	2	<0.001*
<b>4</b>	8.50	68.8	15.2	48.3	2	<0.001*
<b>5</b>	12.2	65.3	14.6	41.2	2	<0.001*
<b>6</b>	5.00	70.7	10.0	53.0	2	<0.001*
<b>7</b>	9.30	71.1	14.0	48.2	2	<0.001 <sup>#37</sup> 438